



# Back Bay Therapeutic Riding Club Inc.

20262 Cypress Ave. Newport Beach, CA 92660

949-474-7329 [www.backbaytrc.org](http://www.backbaytrc.org)

## BACK BAY THERAPEUTIC RIDING CLUB RIDER REGISTRATION/HEALTH HISTORY/RIDER PROFILE (UPDATED ANNUALLY)

Name of Participant: \_\_\_\_\_

Parents/Guardian (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### Parent Occupation and Employer:

Father: \_\_\_\_\_ Phone: \_\_\_\_\_

Mother: \_\_\_\_\_ Phone: \_\_\_\_\_

### Rider:

Participant Occupation/School and Level: \_\_\_\_\_

Participant DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_ Height: \_\_\_\_ Weight: \_\_\_\_ Lbs

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Hospitalization/Surgery (date & reasons): \_\_\_\_\_

Past Health History: \_\_\_\_\_

Recent Changes in Health History: \_\_\_\_\_

Is a seizure disorder present?  No  Yes, seizure type: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

Other therapies (type and frequency): \_\_\_\_\_

Communication:  verbal  non-verbal, communication methods: \_\_\_\_\_

Behavior issues: \_\_\_\_\_

Medications (current): \_\_\_\_\_

Precautions/restrictions: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Rider's life goals (examples : improve walking, speaking, self-esteem, having friends, recreation, sport, stretching, ride a bike, be independent, distinguish right from left, sense of safety, decrease anxiety, get dressed him/herself, learn alphabet, count, find a job, etc.)

Short-term goals: \_\_\_\_\_

Long-term goals: \_\_\_\_\_

\_\_\_\_\_  
**Signature of parent, participant or guardian**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
**Date**

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*To be filled by BBTRC instructor:*

Recommended horse(s): \_\_\_\_\_

Tack and equipment:

Helmet (*has to be ASTM-SEI approved for equestrian use*) :  Own, if not, center's # or size: \_\_\_\_\_

Saddle:  pad+surcingle  English saddle  can ride both

Reins:  halter+reins  regular bridle

Ability level (circle appropriate skill level):

Mount:  croup  crest  other:

From the:  ramp  ground

Assistance needed:

Dismount:  croup  crest  other:

To the:  ramp  ground

Sitting trot: introduced in progress mastered comments: \_\_\_\_\_

Posting trot: introduced in progress mastered comments: \_\_\_\_\_

Diagonals: introduced in progress mastered comments: \_\_\_\_\_

Canter: introduced in progress mastered comments: \_\_\_\_\_

Steering/reins: introduced in progress mastered comments: \_\_\_\_\_

Volunteer needs:

Walk only: none spotter leader 1sidewalker 2sidewalkers

Walk/trot: none spotter leader 1sidewalker 2sidewalkers

Additional specific skills learned : \_\_\_\_\_

Games played in lessons, favorite ones: \_\_\_\_\_

Additional information: \_\_\_\_\_  
\_\_\_\_\_

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## AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Print Participant Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

Print Parent/Guardian Name (If Applicable) \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

In The Event I Cannot Be Reached:

Contact \_\_\_\_\_ Phone \_\_\_\_\_

Alternate Contact \_\_\_\_\_ Phone \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

Preferred Medical Facility \_\_\_\_\_ Phone \_\_\_\_\_

Health Insurance Co. \_\_\_\_\_ Phone \_\_\_\_\_

List all pertinent medical information (allergies to food or drugs, medications being taken, special medical conditions: \_\_\_\_\_  
\_\_\_\_\_

## CONSENT PLAN

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or

agency involved in the medical emergency treatment.

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person listed is unable to be reached.

DATE \_\_\_\_\_ CONSENT SIGNATURE \_\_\_\_\_

Print Name and Relationship \_\_\_\_\_

## NON-CONSENT PLAN

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, In the event emergency treatment/aid is required, I wish the following procedures to take place:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DATE \_\_\_\_\_ CONSENT SIGNATURE \_\_\_\_\_

Print Name and Relationship \_\_\_\_\_

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## RELEASE AND HOLD HARMLESS AGREEMENT

The program at the **BACK BAY THERAPEUTIC RIDING CLUB, INC.** provides therapeutic horseback riding for disabled children and adults. Volunteers and horses are carefully selected and trained and safety equipment is required for all riders since horseback riding is a risk exercise.

No student will be accepted for riding instruction and no volunteer accepted for service until this form has been **READ, UNDERSTOOD, COMPLETED AND SIGNED** by the parent(s) or guardian(s) of a minor, or if the student or volunteer is of legal age and sound mind, by the student or volunteer.

Although participation in the program is under strict supervision and every effort is made to avoid injury or accident, the undersigned acknowledges the inherent risks involved in riding and working around horses. This includes bodily injury from horseback riding or being in close proximity to horses. Among other risks, both horse and rider can be injured in normal use or in competition and schooling. In order to provide this valuable service, **NO LIABILITY** can be accepted by the **BACK BAY THERAPEUTIC RIDING CLUB, INC.** or any of the organizations or persons connected with the above named facility.

**IN CONSIDERATION**, for the privilege of riding and/or working around horses at the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, the undersigned, as self, or as parent(s) or guardian(s) of the undersigned minor, jointly and severally, do hereby agree to release, hold harmless and indemnify the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, its officers, directors, trustees, agents, employees, representatives, successors and assigns, from all manner of liability, loss, costs, claims, demands and damages of every kind and nature whatsoever, including but not limited to reasonable attorneys fees, which the undersigned or said minor may now or in the future have against the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, its officers, directors, trustees, agents, employees, representatives, successors and assigns, on account of any accident, damage, injury or illness, physical or mental condition, known or unknown, to the undersigned or said minor, or the treatment thereof, arising as a result of, or in any way connected to acts or incidents occurring at or relating to the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, it's officers, directors, trustees, agents, employees, representatives, successors or assigns, including but not limited to their negligence or gross negligence in rendering the services described above or in anyway incidental thereto.

Date \_\_\_\_\_ Participant Name (Print) \_\_\_\_\_

**Participant or Parent/Guardian Signature** \_\_\_\_\_

Print Parent/Guardian Name (If Applicable) \_\_\_\_\_

Relationship to Participant \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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## PHOTO AND RESEARCH DATA RELEASE

Print Participant's Name \_\_\_\_\_

Print Parent/Guardian Name (If Applicable) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

### CONCENT TO PHOTO RELEASE

For valuable consideration given and which is hereby acknowledged, the undersigned hereby grants to the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, permission to take or have taken still and moving photographs and video, including television pictures, of my/our self-daughter-son-ward \_\_\_\_\_ (participant's name) and consents and authorizes the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, to use and reproduce the photographs, videos and pictures and to circulate and publicize the same by all means including, but not limited to, newspapers, television/social media (Facebook, Instagram...), club's website, brochures, pamphlets, instructional material, books and clinical material.

With respect to the foregoing matters, no inducements or promises have been made to me/us to secure my/our signature(s) to this release other than the intention of the **BACK BAY THERAPEUTIC RIDING CLUB, INC.**, and its work.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

Relationship to Participant \_\_\_\_\_

**I DO NOT CONSENT TO THIS PHOTO RELEASE (check box)**

### RESEARCH DATA RELEASE

The undersigned hereby grants permission to use all test results and scores obtained from evaluations, both formal and informal of my/our self-daughter-son-ward \_\_\_\_\_ (Participant's name) while said was in attendance at **BACK BAY THERAPEUTIC RIDING CLUB, INC.** The material will be used for the purpose of research to be conducted by the above named facility's staff and/ or consultants.

With regard to the foregoing statements, no use of the above named participant will be included in published material. No promises have been made to me/us to secure my/our signatures to this release other than the intention of the above named facility to use the test results and scores obtained from evaluations for the purpose of educational work and research.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

Relationship to Participant \_\_\_\_\_

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### Weight limit policy

At Back Bay Therapeutic Riding Club, safety is our primary concern. We must insure the health and wellness of our participants, volunteers, instructors, and horses as mandated by PATH Intl. Horses are selected for participants based on a rider's skill set, stability on the horse, equipment available, appropriateness of volunteers available, horse conformation and movement, and rider's weight.

BBTRC has maximum weight limits of 200lbs for balanced and/or independent riders and 140lbs for unbalanced and/or supported riders.

The BBTRC is unable to accommodate unbalanced and/or supported riders above 140lbs. An unbalanced and/or supported rider is an individual who may demonstrate one or several of the following: chronic leaning to one side, unable to consistently sit astride a horse without support, needs help supporting the upper body, needs physical assistance during the mount or dismount, needs physical assistance during an emergency dismount (or is unable to consent to the risks of being unassisted during an emergency), is easily left behind the horses movement, etc.

All individuals in riding program will be evaluated to ensure the safety of their participation in mounted activities or therapies. Among the factors to be considered will be the availability of appropriate horses, volunteers, and tack. Please note that the herd, volunteers, and tack at BBTRC is dynamic and due to this fact, we may not always have horses, tack, or volunteers available to safely accommodate every individual who wishes to participate.

NAME \_\_\_\_\_

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

Relationship to Participant \_\_\_\_\_



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## POSSIBLE REASONS FOR PATIENT/CLIENT DISCHARGE

Please be advised of the following reasons that may lead to discharge from the therapy program and/or from the BACK BAY THERAPEUTIC RIDING CLUB. The duration of therapy treatment time is variable, however at some point **all clients will be discharged from therapy**. It is determined at the time of discharge from the therapy program options to transfer to sport riding program or the possible discharge from the Back Bay Therapeutic Riding Club entirely.

1. Patient/client has reached all their goals!
2. Patient's/client's potential to maintain head and neck control in sitting presents a safety concern.
3. Inability to follow directions is interfering with progress toward treatment goals.
4. Uncontrolled and inappropriate behavior that constitutes a safety risk to patient/client and/ or staff.
5. Patient/client exceeds weight that can safely be managed by staff, volunteers, and/or therapy horses.
6. Any change in the patient's/client's medical, physical, cognitive, or emotional condition that makes hippotherapy or therapeutic riding inappropriate.
7. Three scheduled sessions are missed without prior canceling, at the discretion of the treating therapist and/or instructor.
8. Non payment of billed funds after 90 days.

Signature of Patient/Client or Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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Dear Physician:

One of your patients is interested in therapeutic horseback riding lessons. Each new student must submit a completed physician assessment form in order to enroll in our program. Your completion of this form will assist our therapists and instructors in designing an individual lesson plan for your patient that is both safe and effective.

Please make special note of any precautions/contraindications that may exist.

Therapeutic riding enhances the quality of life for many children and adults with physical, cognitive or psychological disabilities. Your participation in our program is invited. Please feel free to call or visit if you would like more information.

Sincerely,

Bernadette Olsen

Founder/Executive Director/Advanced Therapeutic Riding Instructor

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## PHYSICIAN ASSESSMENT

PATIENT'S NAME \_\_\_\_\_  
 PARENTS/GUARDIAN \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 DATE OF BIRTH \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_ DATE OF ONSET \_\_\_\_\_  
 HOSPITALIZATION/SURGERY(Dates & Reasons) \_\_\_\_\_

MEDICATIONS \_\_\_\_\_

SHUNTS/IMPLANTS/APPLIANCES \_\_\_\_\_

MOBILITY ASSISTING DEVICES \_\_\_\_\_

IS A SEIZURE DISORDER PRESENT? \_\_\_\_\_

SEIZURE TYPE \_\_\_\_\_ DATE OF LAST SEIZURE \_\_\_\_\_

PLEASE INDICATE AND COMMENT ON ANY SPECIAL PROBLEM AREAS BELOW:

AREA	YES	NO	COMMENTS
AUDITORY			
VISUAL			
SPEECH			
CARDIAC			
CIRCULATORY			
PULMONARY			
NEUROLOGICAL/SENSATION			
MUSCULAR			
ORTHOPEDIC (Note Hip Sublux.)			
BOWEL/BLADDER			
ALLERGIES			
COGNITION			
PSYCHOLOGICAL			
BEHAVIOR			
OTHER			

PLEASE INDICATE ANY SPECIAL PRECAUTIONS/CONTRAINDICATIONS TO THERAPEUTIC HORSEBACK RIDING \_\_\_\_\_

**FOR PERSONS WITH DOWN SYNDROME – A CERVICAL X-RAY TO EXCLUDE ATLANTOAXIAL INSTABILITY IS MANDATORY:**

X-RAY DATE \_\_\_\_\_ RESULTS \_\_\_\_\_

PHYSICIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PHYSICIAN NAME/ADDRESS/PHONE (PLEASE PRINT OR USE STAMP):

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## PHYSICIAN RELEASE

To my knowledge there is no reason why \_\_\_\_\_ (participant's name) cannot participate in supervised equestrian activities. However, I understand that the Back Bay Therapeutic Riding Club will weigh the medical information above against any existing precautions and/or contraindications before accepting this person for therapeutic horseback riding lessons. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. Physical Therapist, Occupational Therapist, Psychologist, etc.) in the implementing of a safe and effective equestrian program.

PHYSICIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PHYSICIAN NAME/ADDRESS/PHONE (PLEASE PRINT OR USE STAMP):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

STAMP \_\_\_\_\_

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